

Pilates Classes

Small Groups – Private Studio – Maximum 4 spaces

Wednesdays at 9:15am

Parochial Hall, Fitzroy Drive, Oakwood, LS8 4AB - Small room downstairs - Maximum 10 spaces

Tuesdays at 9:15am and 10.15am and 12:00noon

Wednesdays at 6:30pm, 7:30pm and 8:30pm

Thursdays at 9:15am and 10.15am

Fridays at 9:15am and 10.15am

All classes are mixed ability with beginners welcome.

Courses run by school half terms and work out at approx. £7.00 per daytime class and £8:00 per evening class if paid in advance. 'Drop – in' places may be available at some classes – please enquire about availability and prices.

N.B. More limited classes run in school summer holidays

Please call to book your place or for more information